

Ramadan Worship Checklist	Days of week – F – fulfilled N - not fulfilled						
	Mon	Tues	Wed	Thur	Fri	Sat	Sun
Morning							
Awoken to pray Tahajjud (2-12 Raka'ahs) & Witr							
Did Sunnah's & Dua of awakening & used Miswaak.							
Did Sunnah's of toilet, Wudu/Ghusl.							
Prayed 2 Raka'ah after every Wudu today							
Did Sunnah's of getting dressed/undressed.							
Ate healthy for Suhoor & made intention to fast.							
Prayed 2 Raka'ah Sunnah of Fajr							
Prayed Fard of Fajr on time (Congregation for men)							
Did worship until 20 mins after Sunrise							
Prayed Salaatul Duha (2-12 Raka'ahs – From 20 mins after sunrise until 20 mins before Dhuhur begins)							
Afternoon							
Prayed Sunnah's & Nawafil of Dhuhur							
Prayed 4 Fard of Dhuhur (congregation for men)							
Had short Sunnah nap (Qayloolah, 20-30 min)							
Evening							
Prayed 4 Raka'ah Sunnah of Asr							
Prayed 4 Raka'ah Fard of Asr (congregation for men)							
Did worship from Asr until Maghrib							
Made sincere Dua just before Maghrib							
Made intention & broke fast							
Ate healthy and proportionately for Iftaar and evening							
Prayed 3 Raka'ah Fard of Maghrib (congregation for men)							
Prayed 2 Raka'ah Sunnah and 2 Raka'ah Nawafil							
Prayed 4 & 2 Raka'ah Sunnah & 2 Raka'ah Nawafil of Isha							
Prayed Taraweeh (Congregation for men)							
Recited Surah Mulk & Surah Sajda							
Went to bed straight after Isha without wasting time							
Forgave all Muslims in my heart before sleeping							
Did Sunnah's & Dua's before sleeping							
Went to sleep in state of Wudu							
Daily Worship targets							
Renewed my intentions at least once for every act today							
Prayed 12 units of Sunnah each day							
Made Recommended Dua & Dhikr after each Salaah							
Did utmost to concentrate (Khushu) in each Salaah							
Read 1 or half a Juz (chapter) of Qur'an minimum today							
Did minimum of 1000 Tasbih of dhikr today							
Repented sincerely at 10 different times today							
Learnt and implemented a new Sunnah today							
Learnt a new ayah (verse) today							
Read one page of Islamic knowledge today							
Read one page of Qur'anic Tafseer today							
Read one new hadith today							
Learnt & memorized one name of Allah with meanings							
Gave dawah to 1 person today (directly, text, online etc.)							
Enjoined good & forbidden evil today							
Gave Salaam to every Muslim of same gender today							
Helped out and gave parents love & affection today							
Was patient with people throughout the day							
Controlled my eyes from looking at evil today							

Controlled my ears from listening to evil today							
Controlled my tongue from backbiting & arguing etc.							
Was the best towards all others today							
Avoided anything which may anger & displease Allah							
Pondered about greatness of Allah today							
Pondered about Death & the hereafter today							
Kept away from distractions (TV, games, useless talk etc.)							
Increased length of Dua today							
Remembered my parents in every Dua today							
Remembered the Ummah in my Dua today							
Thanked Allah for everything in my Dua today							
Dua for refuge from Jahannam & top ranks of Jannah							
Ate & drank in proportion for the pleasure of Allah today							
Masjid							
Prayed every Fard Salaah at the Masjid today (men)							
Did Dua of entering & leaving Masjid							
Made intention of Nawafil I'tikaf when entering Masjid							
Took care of the etiquettes (Adab) of Masjid							
Prayed 2 Raka'ah each time entered Masjid							
Went to Masjid 15 minutes before prayer starts							
Repeated Adhan after the Mu'adhin (Caller of Adhan)							
Did Dua after each Adhan							
Tried best to pray in front row for each prayer							

What to improve on for tomorrow:

Weekly Worship Targets	X or tick
Memorized 5 verses of the Qur'an this week	
Learnt & implemented 5 new Sunnah's this week	
Learnt a new Dua from Qur'an or Sunnah this week	
Read 5 pages of Islamic knowledge this week	
Read 5 pages of Qur'anic Tafseer this week	
Read 5 new hadith this week	
Learnt & memorized 5 names of Allah this week	
Made Dua list for the week	
Gave in charity this week (money, food, clothes)	
Fed one person for Iftaar this week	
Contacted relative I haven't seen for a while	
Friday (Jummah)	
Prepared for Jummah on Thursday night (hair nails etc.)	
Dressed in best clothes for Jummah	
Went out early for Jummah walking to Masjid	
Listened attentively to Khutbah	
Read one page from Seerah of Prophet	
Did minimum of 1000 Durood's on Jummah	
Recited Surah Kahf	

Notes:

Dua:

Trillions of Rewards in just a few Seconds!

Narrated 'Ubaadah that the Messenger of Allah said, "Whoever seeks forgiveness for the believing men and believing women, Allah will write for him a good deed for EACH believing man and believing woman." (Tabarrani)

There are around 1.5 billion Muslims in this world. Every good deed in Ramadan is multiplied by 10 so every time we make a Dua for every Muslim we will gain 15 billion good deeds. Subhaanallah!

But can you imagine how many good deeds we can gain if we made Dua for every Muslim that ever lived from Adam (As) until the last Muslim on this Earth. Subhaanallah! **The rewards will go into the trillions!**

Remember: On the Day of Judgment we will beg each other for just one good deed but no one will give us any. This is our chance to gain trillions of good deeds in just seconds. We need these deeds!

How generous is Allah? For Almighty Allah loves to reward his servants abundantly without measure.

So let us make a habit of making sincere Dua for each Muslim from Adam (As) until the very last Muslim on this Earth and we can gain trillions of good deeds for each and every Dua!

Dhikr

The following are 10 Dhikr which are supported by Hadith, that we can recite everyday:

Note: We should try & aim to recite each of these 10 Dhikr's at least 100 times each which makes a total of 1000 Dhikr a day minimum:

- 1) Subhaanallah
- 2) Alhamdulillah
- 3) Allahu Akbar

4) Laa ilaaha illallah,

5) La hawla Wala Quwwata Illah Billah-Hil Aliyyil Adheem,

6) Asthaghfirullah-halladhee Laa ilaaha illa-huwal Hayyul Qayyumu Wa athoobu Ilay, Short version: Asthaghfirullah

7) SUB-HAAN'ALLAAHi WA BI-HAM'DIHI SUB-HAAN'ALLAH-IL ADHEEM

Short version: SUB-HAAN'ALLAAHi WA BI-HAM'DIHI

8) Subhāna-Ilāhi, wa-l-hamdu li-Ilāhi, wa lā ilāha illā-Ilāhu, wa-Ilāhu akbar. Wa lā hawla wa lā quwwata illā bi-Ilāhi-l-aliyyi-l-azīm

9) Lā ilāha illā-Ilāhu waḥdahu lā sharīka lahu lahu-l-mulku wa lahu-l-ḥamdu yuhyi wa yumītu wa huwa ḥayyu-Ilā yamūtu abadan abada, ḡū-l-jalāli wa-l-ikrām, biyadihi-l-khayr, wa huwa alā kulli Shay-in qadīr

Short version: Laa ilaaha illal-laahu wahdahu laa shareeka lahu, lahul-mulku

wa lahul-hamdu wa huwa 'alaa kulli shay-in qadeer

10) Subhan Allahi wa bi hamdihi `adada khalqihi wa rida nafsih wa zinata `arshihi wa midada kalimatih

Do so much Dhikr that people think you're insane: The Prophet (Sallallahu Alaihi Wasallam) said: "Engage in the Dhikr of Allah in such abundance that people comment that 'you are insane'." (Ahmed)

Utter regret for each second wasted without remembering Allah:

Mu`adh Ibn Jabal (RA) said that the Prophet (Sallallahu Alaihi Wasallam) said: "The People of Paradise will not regret anything except one thing alone: the hour that passed them by in which they made no remembrance of Allah." (Bayhaqi in Shu`ab al-iman (1:392 #512-513))

Nawafil Prayers – (Voluntary)

In the month of Ramadan all good deeds are multiplied. So each Nawafil is the reward of a Fard! **The Prophet (Sallallahu Alaihi Wasallam) said:** "Whoever draws near to Allah during it (Ramadan) with a single characteristic from the characteristics of (voluntary) goodness, he is like whoever performs an obligatory act in other times. And whoever performs an obligatory act during it, he is like whoever performed seventy obligatory acts in other times." (Sahih Ibn Khuzaymah, no. 1887)

Qur'an recitation

The Quran has even more of an important significance in the blessed month of Ramadan:

Allah says (interpretation of the meaning): The month of Ramadan in which was revealed the Quran, a guidance for mankind and clear proofs for the guidance and the criterion (between right and wrong) [Quran al-Baqarah 2:185]

Rewards increases 70 fold or more in Ramadan:

Outside of Ramadan there are 10 rewards for reciting each letter of the Qur'an: The Prophet (Sallallahu Alaihi wasallam) says: "Whoever reads a letter from the Book of Allah will receive a hasanah (good deed) from it (i.e. his recitation), and the **hasanah is multiplied by ten**. I do not say

that Alif-Laam-Meem is (considered as) a letter, rather Alif is a letter, Laam is a letter, and Meem is a letter.” [At-Tirmidhi, Ad-Darimi]

In Ramadan ALL good deeds are multiplied by 70 or more: The Prophet (Sallallahu Alaihi Wasallam) said: “Whoever draws near to Allah during it (Ramadan) with a single characteristic from the characteristics of (voluntary) goodness, he is like whoever performs an obligatory act in other times. And whoever performs an obligatory act during it, he is like whoever performed seventy obligatory acts in other times.” (Sahih Ibn Khuzaymah, no. 1887)

Each letter of Qur'an rewarded 700 good deeds or more

Therefore every letter of the Qur'an we recite we will gain a minimum of 700 good deeds or more. The greater our intentions & the more sincere we are then our rewards will be multiplied even more!

Those who struggle to read get DOUBLE THE REWARD!

But for those who struggle with reciting the Qur'an they will receive double the reward of a minimum of 1400 good deeds for each letter:

Aa'ishah (RA), relates that the Prophet (Sallallahu 'alaihi wa sallam) said:

Verily the one who recites the Qur'an beautifully, smoothly, and precisely, he will be in the company of the noble and obedient angels. And as for the one who recites with difficulty, stammering or stumbling through its verses, then he will have TWICE that reward.” [Al-Bukhari and Muslim]

This hadith proves that people who are not well versed in the Arabic language or have other difficulties in reciting the Quran, get even a higher reward for reciting the Quran in Arabic for their extra effort. So they should never feel down about not being able to recite as well for they will be given double the reward.

No time to waste!

Can you imagine how much reward we would gain for reciting the entire Qur'an just once? How about twice or more? Subhaanallah!

So let us recite as much of the Qur'an as we can during Ramadan and the rest of our lives until our last breath. Let us get going and grab these immense rewards and the pleasure of Allah. For there is no time to waste!

For comprehensive book on Daily Sunnah's from awakening to sleeping see following link:

<http://www.scribd.com/mobile/doc/26863499>